

22nd April – 11th May 2025

Mon	07:00 – 10:30	Early Risers Lane Swimming
	11:00 - 13:30	Public Session (lessons sharing pool)
	14:00 – 15:45	Public Session
	18:00 – 21:00	Public Session
Tue	07:00 – 10:30	Early Risers Lane Swimming
	11:00 - 13:30	Public Session
	14:00 – 15:45	Public Session
Wed	15:00 – 16:00	Public Session
	18:15 – 19:00	Aquafit
	20:15 – 21:00	Public Session
Thu	07:00 – 09:00	Early Risers Lane Swimming
	09:00 – 10:00	AquaBlitz
	11:00 – 15:30	Public Session (lessons sharing pool)
	18:00 – 19:00	Public Session
	19:00 – 21:00	Except first two Thursdays each month – No Public Session
Fri	06:00 – 10:00	Early Risers Lane Swimming
	11:00 – 15:30	Lane Swimming
Sat	08:30 – 10:00	Public Session (lessons sharing pool)
	13:15 – 14:15	Fun Session
	14:30 – 16:30	Public Session
Sun	08:30 – 11:00	Public Session
	11:00 – 12:30	Family Session

Admissions

	Single Admission	Block Card – 10 admissions
Adult	£4.80	£43.00
Senior (Over 65)	£3.50	£31.50
Junior (Under 16)	£3.50	£31.50
Under 8	£1.60	-
Concession	£2.60	-
Aquafit	£6.80	£61.00

Children aged under 8 years old must be accompanied by an adult aged 16 years or older.

This timetable is subject to change, please call reception (01624 823930) for the most up to date information.

Private swimming lessons may occur in any public session.
