

# **Southern Swimming Pool**

## **Pool Timetable**

**23<sup>rd</sup> April to 21st July 2019\***

**\* Please note that there will be a separate timetable for TT fortnight 27/05/19 – 09/06/19**



Arbory Road, Castletown, Isle of Man, IM9 1HA

Tel: 823930

Email: [southernswimmingpool@manx.net](mailto:southernswimmingpool@manx.net)

Find us online at [www.southernswimmingpool.im](http://www.southernswimmingpool.im),  
on Facebook at 'Southern Swimming Pool'

**All children under 8 years of age must be accompanied by a responsible adult aged 16+. Maximum of 2 children permitted per adult.**

**Last entry into the swimming pool is 30 minutes before the closing times shown overleaf.**

**Please check website, notices boards or Facebook page for private bookings between 1.00pm and 2.30pm on Saturdays or Sundays as the pool may be closed during these times.**



# **Southern Swimming Pool**

## **Pool Timetable**

**23<sup>rd</sup> April to 21st July 2019\***

\* Please note that there will be a separate timetable for TT fortnight 27/05/19 – 09/06/19



Arbory Road, Castletown, Isle of Man, IM9 1HA

Tel: 823930

Email: [southernswimmingpool@manx.net](mailto:southernswimmingpool@manx.net)

Find us online at [www.southernswimmingpool.im](http://www.southernswimmingpool.im),  
on Facebook at 'Southern Swimming Pool'

**All children under 8 years of age must be accompanied by a responsible adult aged 16+. Maximum of 2 children permitted per adult.**

**Last entry into the swimming pool is 30 minutes before the closing times shown overleaf.**

**Please check website, notices boards or Facebook page for private bookings between 1.00pm and 2.30pm on Saturdays or Sundays as the pool may be closed during these times.**



# Southern Swimming Pool

## Pool Timetable

**23<sup>rd</sup> April to 21st July 2019\***

\* Please note that there will be a separate timetable for TT fortnight 27/05/19 – 09/06/19

### Monday

07.00 to 16.45	Public Swimming:
-	- 2 lanes closed 7.30am to 8.30am
-	- Shallow half closed 1.00pm to 2.30pm for pre-school lessons
-	- Shallow half closed 2.30pm to 3.15pm for AquaFit Class

### Tuesday

07.00 to 09.15	Public Swimming
<b>09.15 to 10.00</b>	<b>AquaBitz Class</b>
11.30 to 14.45	Public Swimming
14.45 to 15.45	'Let's Make Waves' Rehab Swimming

### Wednesday

07.00 to 08.45	Public swimming
12.15 to 15.45	Public Swimming
18.15 to 19.00	AquaFit Class (whole pool)
19.00 to 21.00	Public Swimming

### Thursday

08.15 to 15.45	Public Swimming:
-	- Shallow half closed 09.15am to 10.00am for AquaBlitz Class
-	- Shallow end 1.30pm to 2.30pm for pre-school lessons
18.00 to 20.00	Public Swimming

### Friday

07.00 to 15.45	Public Swimming
----------------	-----------------

### Saturday

08.30 to 10.00	Public Swimming
13.00 to 14.30	Public Swimming (subject to no party bookings)
14.30 to 15.30	Fun Session with play floats and music
15.30 to 16.30	Public Swimming

### Sunday

08.30 to 12.00	Public Swimming
13.00 to 14.30	Public Swimming (subject to no party bookings)

**All session times and activities are subject to change. Please check our notice boards, website or Facebook page for up to date information and amendments**

# Southern Swimming Pool

## Pool Timetable

**23<sup>rd</sup> April to 21st July 2019\***

\* Please note that there will be a separate timetable for TT fortnight 27/05/19 – 09/06/19

### Monday

07.00 to 16.45	Public Swimming:
-	- 2 lanes closed 7.30am to 8.30am
-	- Shallow half closed 1.00pm to 2.30pm for pre-school lessons
-	- Shallow half closed 2.30pm to 3.15pm for AquaFit Class

### Tuesday

07.00 to 09.15	Public Swimming
09.15 to 10.00	AquaBitz Class
11.30 to 14.45	Public Swimming
14.45 to 15.45	'Let's Make Waves' Rehab Swimming

### Wednesday

07.00 to 08.45	Public swimming
12.15 to 15.45	Public Swimming
18.15 to 19.00	AquaFit Class (whole pool)
19.00 to 21.00	Public Swimming

### Thursday

08.15 to 15.45	Public Swimming:
-	- Shallow half closed 09.15am to 10.00am for AquaBlitz Class
-	- Shallow end 1.30pm to 2.30pm for pre-school lessons
18.00 to 20.00	Public Swimming

### Friday

07.00 to 15.45	Public Swimming
----------------	-----------------

### Saturday

08.30 to 10.00	Public Swimming
13.00 to 14.30	Public Swimming (subject to no party bookings)
14.30 to 15.30	Fun Session with play floats and music
15.30 to 16.30	Public Swimming

### Sunday

08.30 to 12.00	Public Swimming
13.00 to 14.30	Public Swimming (subject to party no bookings between 1pm and 2.30pm)